



Our Senses, Our Stories

Programme Description

Take an amazing sensory journey through the natural world and explore your environment in surprising and unexpected ways. You will be guided on a tour of your senses through the garden, as you learn about how we can use them to help tell stories about ourselves and the world around us.



Length: Half day



Age Group: P1-3



Availability: Aug-Oct; Mar-Apr; Summer Term

Learning Outcomes

- We will discover how our senses can contribute to different ways of communication and expression when telling stories about ourselves and the natural world.
- We will explore how we can use our senses to learn more about the wonders of nature and the garden.
- We will describe our own unique experiences as we share the adventure with each other.
- We will use our senses to learn more about nature and the garden, and the garden and nature to learn more about our senses!
- We will practice the meta-skills of sense-making and curiosity.

Curriculum Links

I can identify my senses and use them to explore the world around me. [SCN 0-12a](#)

I have explored my senses and can discuss their reliability and limitations in responding to the environment. [SCN 1-12b](#)

I explore and appreciate the wonder of nature within different environments and have played a part in caring for the environment. [SOC 0-08a](#)



Within real and imaginary situations, I share experiences and feelings, ideas and information in a way that communicates my message. [LIT 0-09a](#)

What to Expect

- This hands-on experiential session helps to link plants and nature back to our bodies by simultaneously exploring the garden and our five main senses. It explores how we build a sense of a place by sharing our stories and memories about what we find and experience.
- It would be useful if you divide your class into smaller groups with an adult so we can use these groups to explore safely and with maximum learning. These smaller groups will always work near each other in the same areas.
- Your accompanying staff and adults will be actively involved in supporting the students throughout the session.
- Most of this programme takes place outside so appropriate clothing and shoes should be worn.
- Please let us know any specific needs of your group beforehand so we can make adaptations if necessary.
- Our learning staff will make sure that children get a short health and safety briefing before the session.

How to Book

To book please complete our online booking request form on [our website](#).

If you have any enquiries, please contact the office at schools@rbge.org.uk

Expanded Learning

Check out our online [Teacher Patch](#) where new activities for the classroom or for outdoor learning are blooming all the time!

Our Learning Offer at the Botanic

See details of our full offer for younger learners and adults - [Learning at the Botanic](#)

