Our Senses in the Garden

Age: P1-3
Length: 1.5 hours
Availability: March — June

Programme description

Join us on a wonderful outdoor exploration as we use our senses in surprising and unexpected ways! This sensory journey will encourage your learners to slow down and take a moment to focus on plants using their five senses. By using special tools and creative and imaginative techniques, your class will dive deep into the special relationship between plants and senses.

Learning outcomes

Your learners will be able to:

- Identify their 5 senses and think about creative ways they can be used
- Use their senses to learn more about nature and the Garden
- Practice slowing down and focusing on the world around them
- Appreciate the value of spending time outdoors and engaging in creative activities inspired by nature
- Practice the meta-skills of sense-making and curiosity.

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On the day

- Your students will take part in a variety of hands-on activities in the garden, facilitated by one of our learning staff. This hands-on experiential session helps to link plants and nature back to our bodies by simultaneously exploring the garden and our five main senses.
- Our learning staff will make sure that children get a short health and safety briefing before going outside.
- There will be opportunities to work in pairs and in small groups so you may find it useful to organise your groups according to number of adult helpers. Groups will always work in the same area of the garden overseen by our learning staff.
- Your accompanying staff and adults will be actively involved in supporting the students throughout the session.
- Most of this programme takes place outside so appropriate clothing and shoes should be worn.

To book this workshop, please visit our website.

Curriculum links

SCN 0-12a , SCN 1-12b , SOC 0-08a

Online resources

Our Schools' Online Learning Area is blooming with a variety of learning resources to help young people and their educators have fun while learning about the important work of the botanic gardens.

We have a mix of learning resources and plant adventures for primary children; secondary and young adults; educators; and families. Explore our website to find out which resources might be suitable for you and/or your class.

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