



Our Senses, Our Stories

Programme Description

Take an amazing sensory journey through the natural world and explore your environment in surprising and unexpected ways. You will be guided on a tour of your senses through the garden, as you learn about how we can use them to help tell stories about ourselves and the world around us.



Length: Half day



Age Group: P1-3



Availability: Regional Schools' Weeks 2023



Price: Free (thanks to support by Players of the Postcode Lottery)

Learning Outcomes

- We will discover different ways of communication and expression used to tell stories about ourselves and the natural world.
- We will explore how we can use our senses to learn more about the wonders of nature and the garden.
- We will describe our own unique experiences as we share the adventure with each other.

Curriculum Links

I can identify my senses and use them to explore the world around me. [SCN 0-12a](#)

I have explored my senses and can discuss their reliability and limitations in responding to the environment. [SCN 1-12b](#)

I explore and appreciate the wonder of nature within different environments and have played a part in caring for the environment. [SOC 0-08a](#)

Inspired by a range of stimuli, I can express and communicate my ideas, thoughts and feelings through activities within art and design. [EXA 1-05a](#)



What to Expect

- This session helps to link plants and nature back to our bodies by simultaneously exploring the garden and our five main senses.
- Your students will take part in a variety of hands-on activities in the garden, facilitated by one of our learning team.
- Your accompanying staff and adults will be actively involved in supporting the students throughout the session.
- Most of this programme takes place outside so appropriate clothing and shoes should be worn.
- Please let us know any specific needs of your group beforehand so we can make adaptations if necessary.
- Our learning staff will make sure that children get a short health and safety briefing before the session.

How to Book

To book please complete our online booking request form on [our website](#).

If you have any enquiries, please contact the office at schools@rbge.org.uk

Expanded Learning

Visit our [Teacher Patch](#) to find complementary online resources for the classroom and suggested activities outdoors to help you expand the learning.

Build your Programme – coming soon!

Look out for news of our expanding programmes in the 2023-24 academic year where we aim to offer packages where you can choose various options in different topics. Options will include on-site at our gardens, online resources, virtual classroom, outreach and teacher CLPL/CPD courses.